

A CORPORATE DIWALI WELLNESS EXPERIENCE

PRESENTED BY ROY EVENTS

2-HOUR CULTURE CREATIVE WELLNESS WORKSHOP



Why host a Diwali Wellness workshop at Work?



- Foster creativity, mindfulness, and team connection.
- Boost morale and workplace wellbeing during the festive season.
- Offer a cultural experience that is both joyful and meaningful.



About Roy Events

- » Experts in creative wellness pop-ups and cultural workshops.
- » Known for intentional design, immersive experiences, and mindful moments.
- » Previously hosted for diverse teams and well-being-led initiatives.

Workshop Overview

Light & Create | 2 Hours

- Welcome tea and grounding
- Guided breathwork & meditation
- Two mindful Diwali crafts
- Calming music, festive ambiance, and joyful connections



Workshop Flow



Welcome and Grounding (15 mins)

- Herbal tea served on arrival
- Guided breathwork & short meditation
- Intention setting with Diwali energy



Mindful Closing (15 mins)

- Group reflection
- Gratitude and team connection moment



Craft Segment (60 mins)

- Rangoli Coasters: Paint and design your own Diwali-inspired terrazzo or mandala coasters
- Scented Spice Sachets: Blend dried flowers and Indian spices into luxe mini sachets



Treats & Tea (15 mins)

- Herbal chai or spiced shots
- Dairy-free festive bites



What's Included

- All craft materials, beautifully curated
- Roy Events facilitation + ambiance styling
- Optional branded takeaway kits
- Festive playlist, aroma, and decorative touches

Pricing & Packages

Affordable, high-value corporate wellness

£32 per person (for 25+ people)

£35 per person (for 15–24 people)

Minimum group size: 15 participants

Minimum booking fee: £525



Let's Celebrate Diwali Together

Bookings open for October–November

Email

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